

Therapy sessions for [REDACTED]: Jennifer [REDACTED] Registered Play Therapist

- **Session 2, 2/7/17, page 87:** The therapist explains play therapy to [REDACTED] and introduces her to the playroom. She immediately gravitated to some toy miniature unicorns and then introduced the character "Methuselah" and "Darth Vader," saying "No, no!" "They are bad!" She then, asked the therapist for a cage to put them in. By the end of the session, she had locked up over 50 miniature toys and said, "all done." ([REDACTED] has told her parents that she and [REDACTED] were locked up in chains before, with a band-aid over her mouth. The [REDACTED] have a recording of [REDACTED], supporting her claim. See recording called [REDACTED] Chained up.)
- **Session 15, 5/16/2017 p. 114:** Most significant in her play was when she brought a little girl and a grown woman into the tray and stripped both of them naked. She put the young girl in a volcano and said the adult female put her there and hurt her. She later said **the adult female hurt the little girl by pointing a gun at her.** She asked the therapist if she would take the little girl to the hospital. The therapist said okay and carried the little girl to a small dollhouse, which they put in the corner of the tray. The therapist asked [REDACTED] if she wanted a doctor for the hospital and she said yes. After the therapist gave her a doctor, [REDACTED] brought the grown lady into the hospital and said the doctor was going to smell her breast. She also said she wanted another doctor (there was then one female and one male doctor); she had the two doctors kiss once they were in the hospital.
- **Session 19, 6/13/17 p. 126:** The therapist prompted [REDACTED] to create a world in the sand tray. She began in the green sand tray, bringing a couple barbies and a few super heroes to the tray. **She immediately undressed the barbies down to nothing (no clothes) and put them indifferent position (legs above their heads, etc.).** She had the super heroes fight each other, the girls fight each other and the super heroes knock the girls out of the tray. This is the first time [REDACTED] has had her characters engage in so

much fighting. She moved to the larger traditional tray halfway through the session but continued the same themes of play. Only one of the barbies moved to the larger tray but even more super heroes joined in. One super hero, Captain America seemed to figure prominently. He fought everyone (██████ said they were "bad"). He hit everyone out of the tray. He threw the gold heart box out of the tray and hit the naked woman out of the tray. ██████ said they were all bad but when she was gently questioned about what they had done that was bad she didn't seem to know. At the end, they were all put in a cage including "Captain America" who briefly "turned bad" but then she had second thoughts and got him out. She seemed to be torn about whether or not he should be in the cage. Before she hit each super hero across the room she would ask, "Can I do this?" and the therapist would tell her yes.

- **Session 23 7/11/17, page 138:** (There are two pictures of the sand tray after p 138., which shows "Spiderman" lying on top of a baby doll. ██████ has said that Rick would dress up as Spiderman, without the hood.) When ██████ entered the play room, she first interacted with the monkey. She fed it a bottle and was clearly enchanted that the monkey responded when she engaged with it. The monkey burped, made kiss sounds, drank from the bottle, and eventually fell asleep. ██████ then made a world in the sand tray. **The world consisted of multiple babies, dolls and barbies that had all been stripped of clothes. One male doll was also stripped of clothes but she ended up deciding not to use him.** She focused the most on one of the barbies. She had this doll interact with a much smaller female and male doll. **She said the lady "hurt the little girl and boy." She then said that the lady said she would kill the other little child if she didn't hurt them. ██████ said that lady was bad and the children were scared.** The therapist and ██████ discussed these topics at more length, processed her world and concluded the session.
- **Session 18 6/6/17 page 123:** "She then added a woman in a wedding dress, some white scoopers, a bowl (sensory play and burying) and a few other items. **While playing in the sand tray she asked the**

therapist, "Where is Suzanne?" (the female of the male/female duo who sexually molested [REDACTED])
The therapist asked, "You haven't seen Suzanne in a while?" [REDACTED] shook her head no. The therapist asked, "How do you feel about that?" [REDACTED] said, "Suzanne is not a nice person." The therapist said, "Oh... Did she do things that weren't nice?" [REDACTED] didn't answer so the therapist asked if Suzanne had a husband. [REDACTED] said that she did and said his name. She then clammed up and didn't want to even do sand tray anymore. She asked if she could "cut up paper."

- **Session 68 5/16/18 p231: (**see 2 pics after p 234)** The therapist prompted [REDACTED] to create a world in the sand tray. She created coming after her a world that was a "neighborhood" that included many houses, and then "The Joker" (who was holding a knife) came in the world and was stalking a little girl. [REDACTED] said the little girl didn't know that The man (The Joker character) was after her because he was being really sneaky. The Joker continued to follow the little girl. [REDACTED] said the girl wasn't scared because she didn't know anything. Then the girl seemed to find out and called out to her sister. At first [REDACTED] said she was calling out to her younger sister, but then she ended up getting an older sister who looked like super girl. Her big sister turned out to be a great fighter who fought off the would-be attacker. While discussing her world, [REDACTED] clarified that the Joker wanted to "take the little girl to his house so he could kill her." The big sister beat up the Joker but at one point after that, he did manage to get the little girl in his house, and [REDACTED] declared, "She is dead."
- **Session 30 9/6/17 page 147: (There are two corresponding pics wth this sand tray)** [REDACTED] engaged in sensory play and appeared to be distracted during the session. She filled a treasure chest and locked it, dumped it, filled and locked it over and over. She got some infants and put them in cages in her world. The therapist asked how the babies felt about being in the cages and [REDACTED] said they didn't like it. The therapist asked why they were in the cages and who put them there. [REDACTED] said the

babies were in the cages because they were bad. She never clarified exactly what the babies did that was bad or who put them there. [REDACTED] did not want to share her world today and was not receptive to discussing it in detail. The therapist and [REDACTED] processed her world and concluded her session after she was done.

- > Session 31 9/13/17 page 150: There is one corresponding picture of the sand tray. [REDACTED] world was significant in its inclusion of the Joker, two babies, and Supergirl. [REDACTED] said that the Joker and Supergirl were "hurting the babies." Then she put one baby in a small cage and said Joker and Supergirl put the baby in the cage. The therapist asked how the baby felt about being in the cage and [REDACTED] said it made the baby sad. [REDACTED] eventually got a large cage and put the Joker in it. She said, "He is bad." She then look at Supergirl and said, "She is nice now." She said the babies liked Supergirl now because she was now acting nice. These themes continued throughout the session.**
- > Session 36 10/11/17 page 159: (Two pics are with this session) [REDACTED] put several life-size baby dolls in the tray after taking all the clothes off of the ones that could be disrobed . She then added two barbie dolls, standing them upright. One had her clothes on and the other was naked, except for some black boots. In response to some open-ended questioning within their discussing the tray, [REDACTED] revealed that the barbie dolls were "taking care of" the babies. [REDACTED] pulled back and became less open when the therapist asked a more direct question having to do with why the one lady was naked. [REDACTED] said she was at the beach earlier. It was clear that even though some days [REDACTED] is comfortable with direct questions, today was not one of those days. [REDACTED] response suggested she may have been feeling shame associated with the lady's nudity even though it's more likely she was identifying with one of the babies. The therapist processed the world with [REDACTED], and [REDACTED] said she wanted to share her world with her daddy who brought her to her appointment for the first time (usually her mom brings her).**

- **Session 43 11/29/17 p. 174:** (has two pics of sand trays) [REDACTED] brought a turtle family into her world as well as a volcano. She put the "mommy and daddy" in the volcano, brought them out and then said they "went to bed" (she buried them). **She then put the baby turtles in the volcano, said it hurt them and said in reference to the baby turtles, "They're bad!"** She never clarified exactly what the baby turtles did that was bad. She said, "They want their mommy!" but she left them in the volcano. She said again that they were bad and put a net on top of them. She brought in a wolf and said it was a "good wolf" and then a gorilla family. Then she brought in a really long snake. She said, "This is a bad snake." She had the snake bite the entire gorilla family, the mommy and daddy turtle and the wolf. The therapist asked [REDACTED] at one point **how the baby turtles (who were still in the volcano) felt and [REDACTED] said they felt sad.**
- **Session 46 12/20/2017 p 180:** (There is one pic of the sand tray after p. 180 [REDACTED] created a world where she had as a focal point a mother figure with a baby. There were two elderly women beside this mother figure. She brought in several other people at that point. She lined these people up beside the first central people and put flowers in front of all of them. She said that one of the elderly ladies was "grandma" but did not clarify whose grandma it was. Some superheroes joined the world eventually. They seemed to be playful, doing gymnastics and splits, etc. and [REDACTED] would laugh. Then at one point [REDACTED] took three of the female super heroes and "Spiderman" and leaned them all over, bottoms in the air. The therapist gently asked what they might be doing but [REDACTED] did not want to explain. She quickly grabbed them and moved them to a new position. She said the girls wanted to take a nap now. **She left "Spiderman" in the leaning over (looking like he was going to get a spanking) position.** The therapist and [REDACTED] processed and discussed her world and then concluded the session. **She asked to share her world with her mother.**
- **Session 47 12/27/17 p. 183:** (There are three pics with this sand tray after p 183) [REDACTED] brought out one character after another and said he or she was

"bad." After each declaration she would put that character in "jail" (which was a large cage). Poison Ivy was the only good one and she was the one who was declaring each other one as bad, beating them up and then sending them to jail. **At one point she pulled out "Spiderman," said he was good, but the Poison Ivy still beat him up and sent him to jail. The therapist clarified that Spiderman was good. ██████ said, "Yes, but she thought he was bad." Even a little boy was determined to be "bad." Finally a young woman came along- the first person to said to be "good." ██████ said, "She has been looking for her." Soon after some other "good" people joined the two ladies. Then a row of "bad guys" lined up to face the good ones. She said the bad people wanted to "hurt" the good people. She suddenly asked if she could draw a monster on a piece of paper. The counselor told her that would be fine. She gave her some paper and some colors so she could draw a monster. The therapist asked her what kind of monster it was that she was drawing and she said it was a "good monster." She and the therapist talked about all the ways in which a "good monster" good be helpful. For instance, if she has a bad dream, she could think about the good monster and it could save her and make the dream turn good. She then said it was actually mommy and daddy good monsters.**

- **Session 63 4/14/2018 p 217:** The therapist talked to ██████ parents about how she seems to be progressing at home ██████ and progress within sessions was also discussed (specific sand trays as well as tendencies overall). ██████ has been known to create sand tray worlds that include overt, graphic sexual content (for instance, figures that have been de-clothed and have been placed on top of each other in sexual positions), but this is not something she does every single week anymore. Her parents stated that she is having fewer flashbacks at this point compared to what she used to have. They are beginning to get a clearer idea about some of her triggers. They had noticed (and the therapist had noticed as well in one of the sessions) that ██████ reacts strongly when a female she trusts puts on glasses. They discussed the time the

therapist put on reading glasses and [REDACTED] got upset and asked her to not wear glasses. There was a time recently when [REDACTED] was playing happily in the same room with her grandmother (called "Mee Mee") who was not wearing glasses. When [REDACTED] turned around and saw that her grandmother had put on glasses, she climbed over and bit her grandmother's leg. She still has difficulty sleeping in her own bed and will randomly say very blunt, sexual comments in general and in reference to things that happened to her in the past. She seems preoccupied with genitalia sometimes.

- **Session 64 4/18/18 222:** (there are two pics of sand trays after p. 222) She then worked in the sand tray and played with the monkey, demonstrating nurturing behavior. Her sand tray world was significant for the 3 females who took their clothes off. When the third female came to the world, she said she didn't have to take off her dress, but the other **girls told her that was the rules** and she "had to take off her dress." The therapist asked [REDACTED] how the girl felt about having to take off her dress even though she "didn't want to" and she said she was sad. She later suggested that all the girls were happy about not having on clothes. One of the naked women was a doctor who did a "check-up" of a hurt child.
- **Session 73 6/20/18 p. 246:** (one pic included after p 246) She created a world in which two ballerinas were in a large house with a man. She said the man was "a bad guy." Outside the house there were two "bad dragons" and a mommy and baby moose. The baby moose had "a good idea" of how to trip up and stop the bad dragons. It got a rope and ran it in a long line so the dragons tripped over it. Then another female came around the house and was "sneaking around." [REDACTED] said, "The man is hurting the girls in the house." The therapist asked if the girl on the outside of the house could help them. She said, "Yes." She had the outside girl grab the man and throw him out. They were all liberated from him then. [REDACTED] said the girls were happy then.
- **Session 11 4/18/17 p.102** [REDACTED] said, "I want to play with the babies." She got one of the baby dolls and put it in the tray. She then put Snow White and then

a large 12" tall man who wears a mask (that can't be removed). The therapist asked if the man was a nice or bad man. [REDACTED] said, "He's a bad man!" She put the large man on top of the baby in a suggestive position and then pushed him off . She got the lady in a bride's dress and Snow White and put them beside the baby, blocking the man from the baby. The therapist asked, "Are those ladies protecting the baby from that man?" [REDACTED] said yes. The therapist agreed that the baby was safe now. [REDACTED] asked if the therapist could help her take the clothes off the man. The therapist helped her so the man was naked except for the mask that wouldn't come off. [REDACTED] moved the women out of the way, turning them on their sides and put the naked man on top of the baby. "He's a good man now. He's batman! He kills bad guys!" The therapist said it was probably confusing to the baby because the man probably told a lie and said he was good but men shouldn't do that to babies. [REDACTED] seemed to process this and then asked, "What other toys do you have?" clearly wanting to change the subject.

- **Session 16 5/23/2017 p. 117 [REDACTED] play was significant for its inclusion of the tall girl who was undressed ([REDACTED] asked the therapist to help her take off all the woman 's clothes until she was naked... including her shoes). [REDACTED] then asked questions like, "Where is her underwear?", "Are those her boobs?" and moved her body into many different positions. She asked the therapist, "Do you have any bad guys?" The therapist told her that she had the man she had used in the past as a "bad guy." She gave her the man. [REDACTED] wanted his boots to be put on him (they were off at the moment). She looked at him for a while and then asked the therapist if she would help her take his clothes off . The therapist helped her. After his clothes were removed, [REDACTED] said, "He's a good guy now." Within a few minutes she had the two naked figures pushed together as if they were in a sexual position and possibly kissing. The therapist asked [REDACTED] if the man was doing something to the girl (which [REDACTED] had suggested was a young girl despite the doll's woman body). [REDACTED] said yes.**

The therapist told ██████ that the man was not good if he would do that to a girl because a grown-up isn't supposed to do that with a child. He is supposed to know better. ██████ continued to want to make him a good guy, though, and the woman continued to be put in provocative positions- legs apart- in the tray. The large toilet figured prominently in the world.

1